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Dr. David Phelps

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David Phelps:

Good day, everyone. This is Dr. David Phelps of the Freedom Founders Mastermind Community, and the Dentist Freedom Blueprint Podcast. Today I've got a gentleman with us that I have enjoyed knowing for quite some number of years. We've seen each other at various conferences. I've heard him speak. He's actually spoken at Freedom Founders before. A man that I find not only has great wisdom and character, but also lives his life with full integrity. It's a real honor and privilege to introduce my guest today, my good friend Mr. Thomas BlackwellI. Tom, how are you doing today?

Thomas Blackwell: So good. Thanks for having me on, David. Pleasure to be here.

David Phelps:

I said I first got to meet you some years ago when you were speaking, and that's not been your only claim to fame. You actually ... Well, I should read your bio, because that will tell a little bit about it, but one of the things I picked up on early when I got to know you was that not only have you been a very good tennis player, you also coach tennis, and tennis is a sport that I've always loved, so I kind of had a natural affinity there. I don't think I'd want to pick up a racquet and go against

you, but that's one of the things, the soccer and tennis, and then you also have a musical background.

Let me just give our listeners a little bit more of that background, then we'll kind of dive into our topic today, which is gonna be really fun. Thomas Blackwelll is an international speaker, author, and peak performing coach. His latest book, The Liberty of Our Language Revealed: We Bring About What We Talk About, inspires people to change their language in order to change their results. He's given more than 1,000 talks and workshops worldwide to corporations, entrepreneurs, sales teams, athletes, religious groups, and students. His business experience runs deep, as he has owned and operated a successful seven-figure insurance agency with more than 100 agents in three different locations. Although Thomas loves to compete and is a former Division I athlete and coach, he's a simple guy at heart and drives a truck named Buddy that doubles in value when it's full of gas. Love that. Above it all, Thomas' greatest blessings from God are being married to his high school sweetheart, and being the father to four precious girls.

All right, Thomas. So good. You didn't mention here, but I know you also have a rather astute musical background. Just for fun, just tell us a little bit about that.

Thomas Blackwell: In high school, some buddies of mine decided we wanted to be a boy band, and so in eighth grade we started a group. It was called Tone 8, and then we broke up in 10th grade, because if you're gonna be part of boy band, you gotta break up. It's part of the terms and conditions, you know? Then we got back together in 11th grade, and formed the group again, and then we called

ourselves Twice Around because it was our second time around, so we've been singing, and music's been a big part of our lives, and I actually was a music major in college, and an athlete too, but it was on a voice scholarship, and so music is a love, and it speaks soul to soul, so it's a big part of me. We do a lot in our family that way, so lots of fun.

David Phelps:

Yeah. Music's a great way to communicate. It's a different language, and that's one thing I know about you, is you are really blessed with, I think, the gift of communication. That's the essence of what this book is about, The Liberty of Our Language Revealed, that we're gonna talk about today. What inspired you to author and create this book, Thomas?

Thomas Blackwell:

II: That's a great question. David, what I learned throughout my life, just from a young age and growing up, is the power of our words, that we truly bring about what we talk about. I noticed in athletics that when I said, "I can win," I won. When I said I couldn't win, I lost. I'd much rather win, and so winners say they can, and losers say they can't. It was that simple, but then also just there was a point in my life, my father passed away when I was seven, I grew up in single mom household, and I sort of had this crutch, if you will, saying that, "Well, it's because my dad died. Well, this or that, because my dad died, and I had a single mom." The other kids were having their dads coming to their sporting events, and things like that.

When I decided to change that, what a blessing I had that I have a lot of dads out there. A lot of guys, my friends' fathers would support me, and community groups, and that sort of thing, to where they would sort of pick me up

for fathers and sons' outings, and I thought, "Man, what a blessing I get to have all these dads." When I changed my language there, I realized that my feeling about it changed, and my reality changed. That's just one aspect. Then I got in athletics, and noticed that I said, "You know, I can score more goals in soccer than anybody else," and then I did. When I said, "I'm gonna be a state champion in tennis and weightlifting," as it was, I was.

It was just interesting. I noticed all those sorts of things that I could do and be, anything I wanted to do, because I said I could, and I noticed the power of the language that people that didn't do it, it was this ... I felt like I had a secret. I felt like I had a trick, and when I got into business, not a lot of financial background and things like that, but yet became fairly successful and its own right in the financial world, because I said I could. When I would look at people on a stage who were getting recognized, I would simply say, "That's gonna be me. I'm gonna be that guy up there getting recognized and being at the top of the company," and I did, and I was.

Over the years, over the last 15 years, I said, "I've got to put together this book," because I recognize people are often saying what they don't want, and it's going to come to pass regardless, whether you say what you want, or whether you say what you don't want. Either way, it's going to come to pass. Why not say what you want? I embarked on this story, David, and really dove into it 10 years ago, and started writing it, and then it was interesting. There was quite a strong feeling to stop writing it, and I thought that didn't make any sense. Then just three years ago, so literally seven years later, I got the impression to pick it up again and go, and what was

interesting about it all is the stories and the story formulation was literally my experiences over the last 10 years, so I could not finish it unless I'd had those experiences.

There's a lesson to me in patience. There's a lesson to me in kind of letting go, letting God, and being guided that way, and it was just quite a phenomenal story. Literally, I'd write down, I would sit down without knowing what the next chapter is going to look like, and just, in my humble way, ask my higher power, and God, and say, "Where do I go from here?" And he did, and it's been incredibly blessed, blessing to me, and humbling and inspiring to see what it's done for other people, and so it is a game changer book. I can't take the credit, really, all for it. I was kind of just more of an instrument in it, and I submitted myself to say, "Well, how ..."

Because the vision, David, really is to significantly improve the language and mindset of more than one billion people worldwide through authorship and inspirational speaking, and so I submitted that vision. It's such a bigger purpose, and so that was a whole conglomerate of how it came about, and just really I'm holding onto its coattails, because those people that read it, the results are phenomenal, and even if they'll put one principle into practice, it can change their world.

David Phelps:

Yeah. Speaking, and as you said, the power of words, just knowing what I know about you, that has opened up a lot of experiences, a lot of opportunities, a lot of relationships for you, and not everybody needs, to use the power of words, needs to think in terms of being a keynote speaker or that sort of thing, but you're just

talking about the power of words in our everyday lives. That could be with your family, starting right there, the core of the core of family. It could be within your community. It could be a church, or in other community groups. It could be within your own team, or if you're a team member, relating better to a team, right? It has power in every walk of our life is what I'm saying, and it's obviously been a huge part of your life, as you discovered way back when you were left fatherless but found out that the way you spoke about what you wanted to happen, you didn't let excuses become part of that.

How have you seen it be powerful for other people? People who have read the book, people that have been around you, people that you have perhaps coached? Is this a cornerstone, is this a foundation that you utilized in helping people rise up and become their best they can be?

Thomas Blackwell: Yeah. You're absolutely right. A few things came to mind when you were saying that. Because we bring about what we talk about, I'll give you a couple examples here on how it's applied. First, as I mentioned, my situation as a young man, losing my dad, I used two words versus four words, and this is the simplicity of it, David, where we just switch our language. The first two words were detrimental. They were non-progressive. They were victim mentality, and they were, "Why me?"

David Phelps: Mm-hmm (affirmative).

Thomas Blackwell: Because I had a "why me" attitude, and that was literally what I would say when I would cry myself to sleep with the "why me" attitude, I got "why me" results, that were victim, not positive. Fear-based, worry-based. All the

feelings that we don't sign up for or don't think we're signing up for, or don't want, when I change it to four words, everything changed, and those four words were, "What can I learn?" When I changed it to, "What can I learn?" It's like the whole world opened up to me, as progressive, and what the possibilities were. If I looked at a situation that it happened for me and not to me, by saying, "What can I learn?" Then I could literally learn the benefits of it and see the blessing in it all.

There's a phrase that we say every morning in our family. We speak this into existence every morning. We say, "Everything always works out for our good." Then we say, "Because we love God." That's not something we made up. That's a Romans 8:28 thing, but we say that every day, and so we see every situation as, "What can we learn here?" And literally we're going to find the good in it, because there has to be somehow, some way. If we looked for the bad, here's what I guarantee. We would find it, but whatever you're looking for, you're going to find it, and that starts with our language. "Okay, great. I just got a flat tire. Let's find the good." You know what I mean? We've had these situations with our family travels, is we'll get a flat tire perhaps, and someone will pull over, and we make a friend, and we find somebody in the community, and find all these good things, versus, "Our lives are ruined because our tire got flat."

That's one aspect. Another aspect of where it's applied, I guess it was a few years ago, I was speaking in a city, and I was visiting an old friend from high school, and her daughter was about to come home, and was gonna bring home the results of making their local high school cheer squad or not. This girl, I mean, David, she could flip all

over the place. She was in gymnastics. There was almost a guarantee she's gonna make this, but the way my friend was saying it was she was scared that she was going to make it, and I didn't understand why. Soon enough, the daughter comes home and said, "Mom, I made the team. I'm on the varsity cheer squad, and I'm excited." Her mom started sinking in her chair, and here's the first thing she said to her daughter, is ... Her daughter's on cloud nine, you know, just excited, and the mom says, "Oh, sweetheart, you know we can't afford that."

In a moment, that daughter was deflated, and deflated, just looked at her mom in tears. She had worked so hard. Her mom knew she was doing this, and yet the mom just popped her balloon, and went off, and I just turned to my friend and I said, "Seriously? I mean, how much does she really need?" "It's the camps, and the uniforms, and the this, and that." I said, "Look, seriously? What if you had said, 'Oh, sweetheart, I'm so excited for you. I'm so excited to see how we can afford that, what we can do to absolutely make that a reality for you'?" That would have changed everything. "How can we afford it?" Versus, "We can't afford it." It's just that little shift creates possibility versus deflation and impossibility. Just those little things, of parenting, and then the daughter ... I ended up actually working out a way that I can help them. I said, "Look, let's figure out how we can do this. This is really not that much money. Maybe \$700 bucks or something." But to a lot of people, it's how your perspective, how you see that.

Even in that, David, there's a whole chapter on when it comes to money matters, how do you see money? How do you see wealth? Do you see it as, "They have it. I'll never have it," and it's an impossibility? Or, "I'm excited to

see how they did that, and copy-paste," you know? Just in a lot of different aspects. There's a bounty of stories that have been phenomenal.

One gal, she has seven kids, and one of her biggest terrors was to travel on an airplane alone, let alone with her children. There came a point in time when her dad said, "Okay, with your other siblings, we're gonna have a big family reunion in another city," and it made sense to fly there. She read my book, and really the one that stuck out is the language of thankfulness, gratitude, and appreciation. She said, "I'm only gonna be grateful for planes." The whole two-hour drive to the airport, that's what she told herself, and her husband literally turned to her and said, "What's up with you? I mean, you'd be in a serious anxiety, panic attack at this point?" She said, "No. I just decided to every day, and in my mind, say I'm so grateful for airplanes, that I can go see my family, and I can do this." Well, another anxiety of hers was to actually have a family reunion with her siblings, and she told, "I'm just gonna be grateful for my siblings, that we do this, that we have love." She said it was the best thing.

Anyway, she gives the book to her dad, who owns a very successful construction company. Now I'm going to speak to them, and now they want me to come out and speak at their family reunion. Anyway, she's buying tons and tons of books, because the power of it literally changes your world. There's just a few examples there, David.

David Phelps:

Yeah. I love those stories, Thomas. It kind of comes back to the victim mindset, victim mentality that a lot of people have, or as you say in the book, playing life small. Our doubts rule the day. Our fears guide us to a point of

indecision. Being paralyzed, because we don't see a way to live a bigger life, a more abundant life, because of our mindset, our limiting beliefs, right? That's part of what this is about, is changing those limiting beliefs, which we all have them, right? Everybody grows up with some certain amount of limited mindset about what's possible in life.

Thomas Blackwell:

II: Absolutely. I was just speaking at an event in Arizona, and a cousin of mine came in, and said, "This is all great and everything, but I have a child that's so challenging. He's so tough. He's tough to deal with, and this and that." I just said to her, "Is that what you want? Do you want him to be challenging? Do you want him to be tough?" She says, "Well, no." I said, "Well, then change your language. Speak to him and about him as you want him to be." She was literally creating this challenge, this trial, and we do that, to many people, unconsciously, and with the book, I feel like I'm pulling back the curtains on our own lives, you know? And saying, "Look, you created this, so if this is what you want, keep it up. If not, change it." You get the idea.

David Phelps:

Yeah. In the book, you tell a story that I think is so common in our lives and in the workplace. You talk about Tanya, who works in a pizza parlor, right? And you're the new guy coming into the business, and already the other employees say, "That Tanya, she's gotta go. She's gotta go. She doesn't cooperate. She's got a negative attitude. She's a downer." You took all this in, and then you walk in, and first thing you say ... They say, "Yeah. You just need to go fire her." Right? "Remove her. That's the first thing you need to do. That's your job."

Thomas Blackwell: Yeah.

David Phelps:

You took a different approach. Tell us a little bit about what that approach was, and what revelation came from that approach.

Thomas Blackwell:

Yeah. That was such a sweet experience. It's this chapter of, "People tend to act how you speak to them." This example, this is a great testament of it. My wife and I, early on in our marriage, we were asked to manage a all you can eat pizza buffet. It was \$2.99, all you can eat pizza, pasta, garlic bread, dessert pizza, and salad. It was quite the deal. I didn't know much about the pizza business, David, but went in, and the previous managers and owners, it was kind of their last day to give me their last pieces of advice. What they said is, "Go ahead, and you see that gal up there cooking?" I said, "Yeah." They said, "Go ahead and fire her. Her name is Tanya, and everything's gonna run smooth in the pizza business." I was thinking, "Why would I fire her?" They said, "Well, she shows up late. She never puts on makeup. She never combs her hair. She takes too many breaks. This, that, and the other." That was their advice, as if that was the key. Their restaurant business was already going down, and that's a big reason why we came and took it over.

I went up to Tanya, and I said, "Tanya, you're not gonna believe what those previous managers and owners just told me about you." Literally she starts walking backwards with her jaw dropped, knowing she's gonna get fired. It was written all over her body language. I said, "No, no, no. Tanya, you don't understand. They told me if anybody could run this restaurant, it's you, and I'm so grateful, because I don't know much about the restaurant business, and I can see you becoming one of my shift managers. I really could use your help. In fact, when you

take a break, and take as many as you want, let me know. I'd love to come out and get to know you better." David, she smiled, and I don't know if it's the first time she smiled in that work situation, but she smiled, and she literally said to me, "Really? Really? You think I could be a manager?" I said, "Absolutely. You've got leadership written all over you." People tend to act how you speak to them.

What happens the very next day is Tanya shows up early, and they said, "She's always late." She had makeup on her face. Her hair was combed. She was a positive light bulb to all my other employees, and she was just this great influence. When she took breaks, I would come out and just get to know her. Here's what I learned about Tanya, is she had a two-year-old son that she hadn't seen in 18 months, due to some unfortunate circumstances, but you think about that situation. She, at the age of four, was dropped off by a parent at an unstable uncle's house, never saw the parent again, never saw the mom again, and that uncle abused that child in every sense of the word. Does Tanya have a few reasons not to smile? Does Tanya have a few reasons to not respect authority, especially when it's men? Yeah.

People's backgrounds make up who they are, and the whole point of that, too, is I believe when we're born we have this invisible superman-like sign that says, "I am loved. I am worthy. I am capable of greatness." There's no limits. We're limitless beings that can be anything we want to be, but yet what happens in life is we get these layers put on, and for Tanya, it was abuse. It was not love, coming from any side of parenthood or guardianship. You couldn't see this sign anymore. You

couldn't see the sign that we all possess, saying, "I'm loved. I'm divine. I'm worthy of greatness." When I came and spoke to her that way, it's literally as if I could see layers falling off of her, and then finally I could see her sign again. I could see the sign that she knew she was loved, and somebody believed in her, so she started to believe in herself, because the way I spoke to her.

When you see people's sign, what do you do? You shine their sign. You shine their sign by consistently building them up. If you want your life to change overnight and get a ton of friends, go compliment people. Just simply recognize good in people, and recognize and say a compliment about it, and your life will change. I'm happy to say Tanya became my shift manager, David.

David Phelps: That's awesome.

Thomas Blackwell:

II: It is. It was this whole awareness of, "Oh my goodness. Everything can change when you speak to people how you want them to act." What happens on the opposite, you already know. People act how you don't want them to act, because that's the way you speak to them.

David Phelps:

That's a great story, and I just have to share real briefly a short one. My father, fortunately I had a father who lived a good, long life, and when I was young, Thomas, he was an eye surgeon. He obviously spent a lot of time at the hospital looking after his patients for whom he had done surgery. As a young boy, I had a chance to, not always, but often on a weekend or something, follow him along, tag along with Dad, and I got to go into the hospital, and got to go along with him on his rounds.

What I always remember about my dad, he's passed, but one of the big characteristics about him was what you just talked about. He would always take time, as busy as he was, to acknowledge other people. I mean, not just his peers, but I mean people who were custodians, ladies who worked in the lunch line. We might be going through the dry cleaners, or through a checkout at a store, and he'd always take time to not just acknowledge the person who was serving him, or serving others, but he'd always have fun, make comments, genuine, very genuine, and I always remember, I thought, "You know, here's a busy man who really doesn't need to do that." Yet he always took the time to do that, and that brings me to one of the stories you talked about in your book. I just kind of named it "The Elevator Engagement." You talked about riding on an elevator, right? And you decided to ride this elevator up and down a few times, and wait until people got on, and then you would incite initially what we call some small talk, and you'd ask them about what kind of day it was gonna be.

That's kind of how my dad was. My dad, I just never saw him being negative. He was always outreaching to people, no matter what he was feeling inside, and he just ... That attitude just stuck with me, so a huge lesson for me. What did you learn on that elevator engagement when you took the ride up and down the elevator, and it had different people come on and go off?

Thomas Blackwell: Yeah, no. That's great. It's the first part of the story.

That chapter is called "The observation of other people's language," and as people read the book, they'll learn that I had different things I had to write about in chapters, and that one, it was just observe, and the elevator became a

great resource. The first one, as I went down, it was a young couple, married in the same hotel, the Liberty Hotel, actually, in the former Charles Street Jail, and one, they saw elevators as awkward already, and they can be if you look at it in that way, and it's not often that people have conversations, so I said, "Hey, what's the day looking like today?" They kind of look at each other, "We don't know."

It's sort of like a, "We don't know. We'll see." Literally, they woke up to their day, it's like getting in the car, and saying, "I don't know. Where do you want to go today?" And they just started driving around, or that's kind of a scary thing, and oftentimes we get into our life, and we're just, "We'll see." Right? "We'll see where my life is gonna go," versus commanding it, and having a life by design versus a life by default, and their language was portraying there. They said, "We don't know. We'll see." And I thought, "Oh. Okay. Well, would I want to follow them to the Promised Land?" Not sure. Not really, because they didn't even know where they were going that day. I said, "Are you excited for what you have planned today?" And they said, "We'll see." Well, David, if I asked you, "Do you want to be happy or excited about where you're going, or sad?" Nobody's going to say, "Sad." Nobody's going to say, "It's going to be a terrible day." Their language only knows the command to put in place what they command.

I mean, if we look at it this way, that we're the commanders and the captains of our ship, and our environment, our body, everything is the crew, whatever we say as the captain or the commander, the crew obeys. There is no filter, so if I say, "Today is going to be terrible," they then go to work to look at the terrible side of

it. If people say, "Mondays are always bad and slow," they're always bad and slow, versus someone right next to you who's gonna say, "I love Mondays. It's the most productive day of my week." It's gonna be like that for them. There's no filter.

Another gal got in the elevator and she was going to a conference, and David, you and I have attended conferences for so many years, and it is what we make of them, you know?

David Phelps: That's right.

Thomas Blackwell: She said she had this whole weekend conference, and she essentially is saying ... I say, "You excited for your conference?" She says, "Yeah. It's great, but they're always terrible, and I feel terrible afterwards, and I'm exhausted." I thought, "Wow. Have a great conference." You know? What do you say to her? It's like, "Invite me out to dinner. Who wants to hang out with this lady?"

David Phelps: Right.

Thomas Blackwell: She had determined that they're gonna be exhausting, and terrible, and it was just a necessity she has to go to, and that's exactly how it was gonna be for her.

Then another guy gets on the elevator, and this guy was the epitome of success. I mean, he smelled like success. I'd held the door for him, and he said, "Thank you, young man." He was just so grateful. I said, "No worries. You would have done the same for me." He looked at me in the eyes and said, "Yes, I would have. Yes, I would have." He says, "Let's take this thing to the top." I took

him to the top, and he gets out, and the thing that I really noticed is, he turned back and one thing he said to me is, "Great things are always happening to guys like us." That's what he told he. He said, "Great things are always happening to guys like us." I've been saying that for a while, but he believed it, and he didn't even know me. Then when he got off the elevator, I could tell he was in a rush to his meeting, but here's what he said about his meeting. He said, "It's gonna be ... I'm gonna knock it out of the park, essentially. Today's gonna be an incredible day. I have an incredible meeting. It's gonna go incredibly well." He had already determined how it was going to be by what he said, and he hadn't even got into it.

There's no doubt in my mind he had a successful meeting, and then he got off the elevator, and I wanted to follow this guy. I wanted to hold onto his coattails, because he exuded just success and positive attitude, and the type of guy you want to be. Then he stops midsleight into his meeting, and he turns around, looks me in the eye, and he says, "You have the best day." I just thought, "That's the epitome of where he's arrived." You know what I mean? He may not always have been that way, but the three in comparison was so dramatic that there's no filter. He is the captain and commander, commanding his ship to be top flight, sail towards the Promised Land, and that's the captain you want to have, but we can determine what kind of captain we're gonna be at any moment.

David Phelps:

I love that story. You've got a chapter in the book, Thomas, on forgiveness. That's a big one, depending upon how people decide to forgive or not forgive. It can be a huge burden. We know that to err is human, to

forgive is divine. Talk to us just a little bit about forgiveness, and lessons you've learned regarding that for your own life and for others.

Thomas Blackwell:

Yeah. Very interesting, David, because I didn't ... When I set out to write the book, "the liberating language of forgiveness," as the chapter is called, was not planned to be in there. But as I received an impression to do that, it was such a crucial part, because you listen to the title, "The liberating language of forgiveness." When we forgive, we are liberated. When we say we're sorry, when we're not carrying this burden. Where that stemmed from is I knew my wife and I, when we really started to take off in our financial business many years ago, is when ... We think, we struggled for a lot of years, and when we finally decided to forgive some previous business partners who might not have even known that we were harboring this grudge, it's as if overnight things just took off. It's not always about business and being successful that way, but what we realized is we could not fully progress in any facet of our life if we had this block, and forgiveness, it's as if it opens up the floodgates to positivity in the direction you want to go, whereas it can literally be a strong barrier to any progression.

I notice many people go their whole lives harboring grudges, and they're unhappy, and it can be so liberating, so the language of forgiveness is just, it's crucial. It really is crucial. There's a story in there about, maybe you remember Helen. Helen is 105 years young, and she was at ... I met her at the active retirement facility my 97-year-old grandfather stayed at, and we were at dinner together, and she was the only one who had the authority in the room, because she was the wisest of them all, you know?

105 years young. I said, "Helen, what's the secret? I mean, seriously, what's the secret to living a long, fulfilled life?" She knew exactly what to say. Zero hesitation. She said, "Many, many years ago, Tom, I decided that I was not going to hold any grudges. I was gonna forgive people immediately, essentially. It has made all the difference. This added years to my life. I do not hold any grudges. There's nothing festering inside of me."

I thought, "Wow." One, I was not expecting that answer, but here it was so true, and here, what are you gonna argue with her? She's 105 years young, and she knew what it was. I could then relate back to people in my life, or times in my life where I felt barred down because of not forgiving or holding grudges. It truly is liberating. It's a super powerful chapter, and it's interesting. When people are reading it, as you went through it, David, it's kind of an unexpected feeling chapter in there, you know? You get it, it kind of tugs at you, and that's why in the book, after these chapters, I put little lines, so it becomes a manual for people, and I wrote down essentially, "Choose to forgive today. Who are you gonna forgive?" That's the design of the book, is you can have it as a personal manual. You can go back and just read that chapter, find some inspiration in it, in and of itself.

David Phelps:

Thomas, it's a great book, and it's particularly inspirational to me that this has been a journey for you over the last 10 years, as it's evolved within you, as the thoughts have been there, but as you said, you needed to go through the different experiences to actually finish it. The Liberty of Our Language Revealed: We Bring About What We Talk About. Thomas Blackwelll, people should definitely get a copy. The best place to get a copy would be-

Thomas Blackwell:

II: Yeah. I would love to sign it for them. I'd love to personally autograph it for them. There's a few places to get it. If you want me to sign it, which I'd be honored to do, go to my website, and very simple.

ThomasBlackwelllSpeak.com.

ThomasBlackwelllSpeak.com. My tagline and motto there is, "Say, do, achieve." You can go to SayDoAchieve.com. It goes to the same place, but

ThomasBlackwelllSpeak.com. Of course, it's on Amazon. That one, you'll get a paperback from Amazon, whereas if you go to my website, you get a hardback, and I'll sign it. You can go on Amazon and get a Kindle, if that's your flavor, but would love to personally sign it for you and get you a nice hardback book, like I gave you, David, if you go to my website.

Yeah. During this, because we're approaching holiday season, whatever season it is of your life, what I find is people are buying many of them. They're buying one for all their siblings that they need. You know, a lot of mother-in-laws are getting this book to change their language. It's funny, but it's been a great journey.

David Phelps:

No, it's a great book. I'm honored to have an autographed copy, and yes, you said, "Great gift." It's written in a way that is not gonna be in anybody's face. It's not that way. It's a great gift to give to somebody that you'd like to establish better relationships, or find a season of forgiveness, or if you're trying to lead a team, or with your family, how to better speak in a positive effect. So powerful. So powerful. You just really brought it with a lot of clarity in your book, so Thomas, thanks for doing that. Thanks for being on and sharing your wisdom and your experience with our audience today. I know that we're

gonna have you to one of our Freedom Founders meetings in the near future, and in person, so I'm looking forward to that as well.

Thomas Blackwell: Yeah. Likewise. Me too. I'll always have respect for what you have done, and your mission, and your purpose, and I'm just excited to play a small contribution in the furthering of your mission there, David, so thank you. I'm honored to do it.

David Phelps: Thank you, Thomas.

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